



# Individual and Group Development

Playfully enabling meaningful change.

Using the games and exercises of improvisational theatre, we develop the skills of **communication**, **collaboration**, **creativity**, **audience engagement** and **presence**.

We get people excited about their development by creating a playful environment where people learn by doing. We play with purpose ensuring all learning is relatable and supports the goals of the workplace. We provide thorough briefings and debriefings to support learning outcomes.

Our services include: half and full day workshops for teams. One to one audience engagement and presence coaching. Ongoing programmes for deeper development.

We work with: leaders, managers, teams, departments, volunteers and individuals seeking personal growth and development.